



April 10, 2020

**Regarding: Black River Public School Counseling/Social Work Support**

Hello Black River Families,

The Social Work/Counseling team wants to make sure families are supported during this unprecedented time. While we cannot meet in-person or by school phone, we want to assure you that we are available. Please email us with questions or concerns - we are here for you!

During this uncertain time, it is important that the health and well-being of your family come first. Being parents with children unexpectedly home all day, we know and can understand how you may be struggling to balance work, financial changes, child care, and self-care. Making sure your children feel safe, secure and connected to you will greatly help to ease any fear or anxiety they are experiencing due to all of the changes in routine and in their learning environment. We will be working to create a list of resources that we will share in the coming days to help with stress, anxiety and other social/emotional needs.

Next week, students will start remote learning. Families will be getting more information about this on Monday. Please understand this remote learning is new to Black River staff. We also understand that it is new to all of our families as well. We will all be learning together as we go, so it is essential that we all practice flexibility and grace as we go forward. If your student is struggling to understand a teacher's expectation and/or assignment it is important to reach out. Communication from all parties will be key during this process. This is not how any of us pictured ending the school year, but by working together we can make the best of the situation and conclude the year in a positive manner.

Take care,

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